



2020 ANNUAL MEETING
Friday, October 2 – Saturday, October 3, 2020
VIRTUAL MEETING

PLEASE NOTE ALL TIMES ARE CENTRAL STANDARD TIME

Friday, October 2, 2020

1:00 pm – 5:00 pm (CST)

1:00 pm Welcome and Announcements

June Kennedy, PT, DPT, OCS, Past-President

1:05 pm – 2:00 pm ASES Surgeon Lecture

Moderator: June Kennedy, PT, DPT, OCS

Science of rotator cuff tendon healing and application to rehabilitation strategies

Leesa Galatz, MD, Mount Sinai Professor and Chair Department of Orthopedics, Mount Sinai Health System, New York, NY

2:00 pm – 3:00 pm

Abstract Session I: Rotator Cuff

Moderator: Brian Leggin, PT, DPT, OCS

Abstract #1

2:00 pm Shoulder pain development is associated with morphological changes in supraspinatus tendon: a longitudinal study of dental hygienists
Pozzi F, Sousa C, Plummer H, Andrade B, Awokuse D, Kono K, Mack W, Roll S, Michener L
Presented by: Federico Pozzi, PT, MA, PhD

Abstract #2

2:15 pm Rehabilitation following arthroscopic superior capsule reconstruction
Sum JC, Omid R
Presented by: Jonathan Sum, PT, DPT, SCS, OCS

Abstract #3

2:30 pm Management of muscle transfers in patients with irreparable rotator cuff tear
Presented by: Casey Vandale, PT, DPT

Abstract #4

2:45 pm Timeline to recovery following rotator cuff repair: a case series
Whitnell E, Wilson K, Jurjans J, McGuire R, Lester M, Schmeeckle C, Olds M, Uhl TL
Presented by: Tim Uhl, PhD, ATC, PT, FNATA

3:00 pm **SPONSOR SPOT: Hospital for Special Surgery**
SPONSOR SPOT: Incrediwear



3:10 pm – 4:00 pm Abstract Session II: Return to Sport

Moderator: Aaron Sciascia, PhD, ATC, PES

Abstract #5

3:10 pm Return to sport testing for the overhead athlete with suspected instability: adapting an evidence-based approach with clinical expertise in deciding when the athlete is ready to participate in sport
Presented by: Felipe Mares, PT, DPT, OCS, SCS, ATC/L, CAFS

Abstract #6

3:25 pm Multicenter survey investigating United States youth competitive swimmers' shoulder pain disability and training, and their coaches' experience, education and views on shoulder injury prevention
Tate AR, Sum JC, Stirling B, Baek L, Michener LA, Barrack A
Presented by: Angela Tate, PT, PhD, Cert. MDT

Abstract #7

3:40 pm The role of patient expectations on recovery outcomes of physical therapy treatment for the shoulder: a systematic review
Wassinger, CA, Edwards, DC, Reagan D, Bourassa, M, Walden, RR, Weyant, EC
Presented by: Craig Wassinger, PT, PhD

4:00 – 4:30 PM BREAKOUT SESSION 1 – PLEASE INDICATE ON REGISTRATION WHICH BREAKOUT SESSION YOU WOULD LIKE TO ATTEND (A or B)

Moderator: Dirk Kokmeyer, PT, DPT, PhD

Session A. The role of telehealth in rehabilitation; Charles Thigpen, PhD, PT, ATC and Ellen Shanley, PT, PhD, OCS

Session B. Return to sport testing for the upper extremity; Alan Tyson, PT, SCS, ATC, CSCS and Jeff Fleming, PT, DPT, OCS, ATC

4:30 – 5:30 PM ZOOM SOCIAL!! PLEASE INDICATE ON REGISTRATION WHICH SOCIAL ROOM YOU WOULD LIKE TO ATTEND INITIALLY (WILL BE ABLE TO MOVE AROUND...):

- A. FIRST TIMER TO ASSET MEETING/NEW MEMBER**
- B. MEET THE FOUNDERS AND FELLOWS**
- C. MEET THE EXECUTIVE BOARD**
- D. GENERAL HANG OUT AND CHAT**

Saturday, October 3, 2020

8:00 am – 4:00 pm (CST)

8:00 am – 9:15 am

Abstract Session III: Baseball

Moderator: Bryce Gaunt, PT, SCS

Abstract #8

8:00 am Isometric shoulder strength ratios decline over the course of one season in collegiate baseball players
Arnold, AJ, Choate WS
Presented by: Amanda Arnold, PT, DPT PhD

Abstract #9

8:15 am Neck mobility changes in college baseball pitchers across a single season
Devaney LL, Denegar CJ, Thigpen CA, Lepley AS, Edgar C, DiStefano LJ
Presented by: Laurie Devaney, PT, MSc, OCS, ATC, FAAOMPT

Abstract #10

8:30 am The impact of lumbopelvic neuromuscular control on developing upper extremity injury in professional baseball pitchers
Laudner K, Wong R, Evans D, Meister K
Presented by: Kevin Laudner, PhD, ATC

Abstract #11

8:45 am Outcomes following ulnar collateral ligament revision reconstruction in baseball players
Plummer HA, Venkateswaran V, Fleisig GS, Christensen KD, Hart KM, Opitz TJ, Wilk KE, Pinegar C, Cain EL, Dugas JR, Jordan SE, Andrews JR
Presented by: Hillary Plummer, PhD, ATC, CES

Abstract #12

9:00 am Musculoskeletal injuries in college baseball pitchers: the role of preseason strength and range of motion
Zeppieri Jr. G, Bruner M, Moser MW, Farmer KW, Pozzi F
Presented by: Giorgio Zeppieri, MPT, SCS, CSCS

9:15 am

SPONSOR SPOT: Kinex

SPONSOR SPOT: Structure and Function



9:30 am - 10:30 am

ASES Surgeon Panel

Moderator: Jonathan Sum, PT, DPT, OCS, SCS

Surgery for the Overhead Athlete

Sameer Nagda, MD, Anderson Clinic, Georgetown University, Washington DC

Brent Wiesel, MD, Chief of Shoulder Service MedStar Georgetown Orthopedics, Washington DC

David Lutton, MD, Center for Advanced Orthopedics, George Washington University, Washington DC

Paul Sethi, MD, Orthopedic and Neurosurgery Specialists, Greenwich, CT

10:30 am – 11:30 am

Abstract Session IV: Instability

Moderator: Lori Michener, PhD, PT, ATC, SCS, FAPTA

Abstract #13

10:30 am Posterior shoulder instability in the setting of scapular dyskinesia: case presentation
Presented by: Tanya Beiswenger, PT, SCS, MPH, ATC, CSCS

Abstract #14

10:45 am ASSET update for instability
Gaunt BW, Phillips BJ
Presented by: Bryce Gaunt, PT, SCS

Abstract #15

11:00 am The rotator interval: the critical balance point between mobility and stability of the human shoulder
Presented by: Mike Shaffer, MA, PT, ATC, OCS

11:30 am **SPONSOR SPOT: RangeMaster**
SPONSOR SPOT: Theragun



THERAGUN

11:45 am – 12:45 pm **Business Meeting – President, Lane Bailey, PT, PhD, CSCS**
12:45 pm – 1:00 pm **Future Directions - President- Elect, Gabriel Brooks, PT, DPT, SCS, MTC**
1:00 pm – 1:15 pm **Awards (Fellows, Founders)**

1:15 pm - 2:00 pm

Abstract Session V: Arthroplasty

Moderator: Ameer Seitz, PT, PhD, DPT, OCS

Abstract #16

1:15 pm A geographic analysis of total shoulder arthroplasty in the state of Texas: does increasing procedural volume correlate to increased access to care?
Presented by: Lane Bailey, PhD, DPT, CSCS

Abstract #17

1:30 pm A systematic review of reverse total shoulder arthroplasty clinical and patient-reported outcomes and complications stratified by pre-operative diagnosis
Kennedy J, Klifto CS, Ledbetter L, Hendron S, Bullock GS
Presented by: Garrett Bullock, PT, DPT

Abstract #18

1:45 pm Returning to sports and fitness activities after total shoulder and reverse total shoulder arthroplasty
Presented by: Lee Rosenzweig, PT, DPT, CHT, OCS

2:00 – 2:30 PM BREAKOUT SESSION 2 – PLEASE INDICATE ON REGISTRATION WHICH BREAKOUT SESSION YOU WOULD LIKE TO ATTEND (A or B)

Moderator: Rebecca Dickinson, PT, DPT, COMT, OCS

Session A. Electrical stimulation in shoulder rehabilitation; Angela Tate, PT, PhD, Cert. MDT and Alon Rabin, PhD, PT

Session B. Measuring GIRD – clinical versus ideal measures; Robert Manske, PT, DPT, MEd, SCS, ATC, CSCS, and Stephen Thomas, PhD, ATC

2:45 pm - 4:00 pm

Abstract Session VI: Rehabilitation Considerations

Moderator: Mike Shaffer, MA, PT, ATC, OCS

Abstract #19

2:45 pm Preliminary investigation of joint position sense of the shoulder: a matched case control study
Dickinson RN, Tate A, DeSandis B, Chaput M, Webb M, Pennings JS, Coronado RA
Presented by: Rebecca Dickinson, PT, DPT, COMT, OCS

Abstract #20

3:00 pm Nerve complications after distal biceps repair: lacertus syndrome versus radial nerve
Presented by: Saba Kamal, OTR, CHT

Abstract #21

3:15 pm Dry needling treatment for individuals with chronic bicipital tendinopathy
Presented by: Mark Kevern, PT, DPT, SCS

Abstract #22

3:30 pm Rehabilitation following shoulder reconstruction for proximal humerus tumor resection: a case report
Presented by: Brian Phillips, PT, DPT

3:45 pm

Closing Remarks/Meeting Adjourn

June Kennedy, PT, DPT, OCS, Past-President