### COURSE Description

This course will focus on the rehabilitation, surgical management, and post-operative care for rotator cuff and bicep pathology throughout the life span. Anatomical and reverse shoulder arthroplasty surgery and rehabilitation will be covered in depth. Didactic lecture will be delivered by Physical and Occupational Therapists who are members of the American Society of Shoulder and Elbow Therapists and three Orthopedic surgeons who are members of the American Shoulder and Elbow Surgeons. Lectures will include current research pertinent to each topic, surgical video, case presentations and question/answer time periods.





American Society of Shoulder and Elbow Therapists

# American Society of Shoulder and Elbow Therapists 9400 West Higgins Road

osemont, IL 60018

# ASSET CLINICAL





# American Society of Shoulder and Elbow Therapists (ASSET)

## **Clinical Shoulder Update**



June 1, 2019
Wooster Community Hospital

Auditorium 1761 Beall Ave. Wooster, Ohio.

### COURSE OBJECTIVES

Following this presentation participants will be able to:

- 1. Identify shoulder anatomy and which factors may contribute to a successful outcome.
- Describe the surgeon's perspective on how they approach rotator cuff pathology throughout the lifespan.
- Explain the surgical advancements in rotator cuff repair.
- Describe the key rehabilitation concepts and clinical decision making following a rotator cuff repair.
- Contrast the surgeon's decision making when deciding on an anatomical or reverse shoulder arthroplasty.
- Differentiate the rehabilitation considerations for the anatomical and reverse shoulder arthroplasty.
- Recognize the potential of regenerative medicine and its place in the treatment of shoulder pathologies.
- Distinguish between the surgical and rehabilitation considerations for the bicep tendon.
- Analyze some of the common training mistakes and rehab for the overhead athlete.



Questions? Contact us at: Phone 847.698.1636, or email asset@aaos.org

# AGENDA

### SATURDAY

Registration	7:30
Introductory Remarks	7:45
Shoulder Anatomy for the Clinician Brian Coote PT	8:00
Rotator Cuff Pathology and Current Surgical Techniques Jeffrey Noble MD	9:00
Break	10:00
Current Concepts for the Rehabilitation of the Rotator Cuff Brian Coote PT	10:15
Surgical Considerations and Techniques for the Total Ana- tomical and Reverse Shoulder Replacement Robert Bell MD	11:15
Lunch Provided by Lantz Medical	12:15
Current Concepts for the Rehabilitation of Anatomical and Reverse Shoulder Mark Ramsey PT	1:00
Bicep Tendon Pathology, Current Surgical Techniques and the Role of Regenerative Medicine Reuben Gobezie MD	2:00
Break	3:00
Current Concepts for the Rehabilitation of Proximal and Distal Bicep Repairs Ernest Michaud OT	3:15
Rehabilitation Considerations for the Overhead Athlete Brian Coote PT	4:15



### **FACULTY**

### Jeffrey Noble MD

The Crystal Clinic, Akron Ohio

### Robert Bell MD

The Crystal Clinic, Akron Ohio

### Reuben Gobezie MD

Director of Shoulder Institute, Go Ortho Walk-in Orthopedics Clinic and Regen Orthopedics Cleveland, Ohio

### Brian Coote PT, MBA, SCS, CSCS

Wooster Community Hospital Health System Wooster, Ohio

### **Ernest Michaud OT, CHT**

Lutheran Hospital of Cleveland Clinic Health System Cleveland, Ohio

# Mark Ramsey PT, OCS, CHT, Cert MDT Owner Marysville Physical Therapy

Marysville, Ohio

### **REGISTRATION FEE:**

Early bird rate: \$175 Physical Therapists, Occupational Therapists, Athletic Trainers or other professional attendees Lunch Provided by Lantz Medical

\*\$200 after May 24th, 2019

Registration and Faculty Bio sketches available

at: www.asset-usa.org/meetings

CEUs: Application to the OPTA has been made for 8 **CEUs** 

### Registration will be limited to 100 participants

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