

**Shoulder Challenges: Evaluation, Rehabilitation and Surgical Solutions for
Scapular Movement Disorders and Glenohumeral Osteoarthritis**

Saturday, 4/14/18

7:30-7:45am - Registration

7:45am – Introductory Remarks

8:00-8:20am – *Mechanics and Function of the Scapula*: Ben Kibler, MD

8:20-8:40am – *Muscle Activations in Scapular Function*: Aaron Sciascia, PhD, ATC

8:40-9:00am – *Understanding Scapular Dyskinesia*: Ben Kibler, MD

9:00-9:20am – *The Non-Shoulder Shoulder Examination*: Aaron Sciascia, PhD, ATC

9:20-9:40am – Discussion

9:40-9:55am – Break

9:55-10:15am – *Rotator Cuff and Impingement*: Ben Kibler, MD

10:15-10:35am – *Disabled Throwing Shoulder*: Ben Kibler, MD

10:35-10:55am – *Clavicle Fractures and AC Joint Injury*: Ben Kibler, MD

10:55-11:10am – *Instability*: Ben Kibler, MD

11:10-11:30am – *Scapular Muscle Detachment*: Ben Kibler, MD

11:30-11:50am – *Patient Specific Factors*: Aaron Sciascia, PhD, ATC

11:50am-12:10pm – *Basics of Scapular Rehabilitation*: Aaron Sciascia, PhD, ATC

12:10-12:30pm – Discussion

12:30-1:30pm – Lunch (provided)

1:30-2:00pm – *Examination Workshop*: Ben Kibler, MD and Aaron Sciascia, PhD, ATC

2:00-3:30pm – Continuum of Physical Therapy for Shoulder Osteoarthritis: Early Intervention to Anatomic and Reverse Shoulder Arthroplasty Post-operative Rehabilitation; June Kennedy, MS, PT

3:30-4:30 – Cases and questions: Aaron Sciascia, PhD, ATC and Angela Tate PT, PhD

Sunday, 4/15/18

8:00-9:30am - *Glenohumeral Osteoarthritis: The problem and the solutions*; Grant Garrigues, MD

9:30-9:45am – Break

9:45am-12pm – Scapula Rehabilitation Workshop/Lab: Aaron Sciascia, PhD, ATC; Angela Tate PT, PhD; and June Kennedy, MS, PT