2019 ASSET Annual Meeting General Overview

Wednesday October 16, 2019
American Shoulder and Elbow Surgeons President's Welcome Reception
Location: New York Ballroom Sheraton New York Times Hotel
Time: 6:30pm to 8:30pm

Thursday October 17, 2019
American Society of Shoulder and Elbow Therapists Education Session
Location: Bowery
Time: 6:30am to 4:00pm
The JP Morgan Library Cocktail Networking Event with Whisky and Bourbon Sampling
Location: JP Morgan Library
Time: 6:30pm to 8:00pm
NOTE: This is an optional event coordinated by ASES. ASSET members are invited to attend and are responsible for the separate event fee. If interested, please visit https://www.ases-assn.org/meetings/2019annual/ to register and pay for the event.

Friday October 18, 2019
American Society of Shoulder and Elbow Therapists Education Session
Location: Bowery
Time: 7:00am to 3:00pm
American Society of Shoulder and Elbow Therapists Founders' Reception
Location: Gramercy
Time: 6:00pm to 8:00pm

Saturday October 19, 2019
American Society of Shoulder and Elbow Therapists Education Session
Location: Bowery
Time: 7:00am to 11:00am
First Scientific Session
Thursday, October 17, 2019

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<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>6:30 am – 7:45 am</td>
<td>Registration and Breakfast (Gramercy)</td>
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<tr>
<td>7:45 am</td>
<td>Welcome and Announcements</td>
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<tr>
<td></td>
<td>Aaron Sciascia, PhD, ATC, PES Past-President</td>
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<td>June Kennedy, MS, PT, President</td>
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<td>8:00 am – 9:00 am</td>
<td>ASES Surgeon Lecture:</td>
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<td></td>
<td><strong>Moderator: Aaron Sciascia, PhD, ATC, PES</strong></td>
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<td>Reverse Shoulder Arthroplasty Update: Emerging Indications/The Role of</td>
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<td>the Scapula in the “Failed” Shoulder Arthroplasty</td>
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<td>Brent Morris, MD Fondren Orthopedic Group, Houston, TX</td>
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<td>9:00 am – 10:00 am</td>
<td>Abstract Session I: Osteoarthritis</td>
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<td><strong>Moderator: Lee Rosenzweig, PT, DPT, CHT, OCS</strong></td>
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<tr>
<td>Abstract #1</td>
<td>American Society of Shoulder and Elbow Therapists Consensus Rehabilitation Guidelines Following Anatomic Total Shoulder Arthroplasty – Process Development and Status Update J Kennedy Presented by: June Kennedy, PT, MS</td>
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<tr>
<td>9:15 am</td>
<td>Post-operative Rehabilitation Versus a Physician’s Directed Home Program after Shoulder Arthroplasty: What do Patients Prefer?</td>
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Abstract #3
9:30 am  Humeral Fractures: Not all turn out great. 3 clinical cases that presented with unique challenges in the management of proximal humerus fractures
J Pniewski
Presented by: Josh Pniewski, PT, DPT

10:00 am – 10:15 am  BREAK

10:15 am – 11:30 am  Abstract Session II: Glenohumeral Concerns
Moderator: Marty Kelley, PT, DPT, OCS

Abstract #4
10:15 am  Scapular dyskinesia following displaced fractures of the middle clavicle
E Shields, C Behrend, T Beiswenger, B Strong, C English, M Maloney, I Voloshin
Presented by: Tanya Beiswenger, PT, SCS, ATC, MPH

Abstract #5
10:30 am  The Effect of Pain on Rotator Cuff Critical Shoulder Angle
D Kokmeyer, L Thein Brody, S Koppenhaver, C Thigpen
Presented by: Dirk Kokmeyer, PT, DPT, SCS, COMT

Abstract #6
10:45 am  Right shoulder traumatic posterior dislocation with complete tear of the infraspinatus at the musculotendinous junction. A case report
T Peterson
Presented by: Todd Peterson, ATC, PTA, CSCS

Abstract #7
11:00 am  Measurement of Supraspinatus Tendon Stain Using Ultrasound Speckle Track Analysis
M Timmons
Presented by: Mark Timmons, PhD, ATC

11:30 am – 1:00 pm  LUNCH ON OWN/BOARD MEETING
1:00 pm – 2:15 pm  
Abstract Session III: Elbow

**Moderator:** Stephen Thomas, PhD, ATC

**Abstract #8**

1:00 pm  
Developing a post-operative protocol to improve range of motion and self-reported outcomes following distal biceps brachii tendon repair using an anterior approach: a case series  
C Dunbar; H Olsen  
Presented by: Chris Dunbar, OTD, CHT

**Abstract #9**

1:15 pm  
Management of Elbow Stiffness with Static Progressive Orthoses  
N Villarauz  
Presented by: Naomi Villarauz, PT, CHT

2:00 pm – 2:15 pm  
BREAK

2:15- 3:45 pm  
**ASES/ASSET Combined Panel Discussion**

**Moderator:**  
W. Ben Kibler, MD  
Shoulder Center of Kentucky, Lexington, KY

**ASES Contributors**  
Samer Hasan, MD  
Cincinnati Sports Medicine, Cincinnati, OH  
John Kuhn, MD  
Vanderbilt University Medical Center, Nashville, TN  
Felix Savoie, III, MD  
Tulane Orthopaedics, New Orleans, LA

**ASSET Contributors**  
Rebecca Dickinson, PT  
Vanderbilt University Medical Center, Nashville, TN  
Aaron Sciascia, PhD, ATC, PES  
Eastern Kentucky University, Richmond, KY  
Jonathan Sum, PT, DPT, OCS, SCS  
University of Southern California, Los Angeles, CA
SECOND SCIENTIFIC SESSION
Friday, October 18, 2019

8:00 am – 9:30 am  Abstract Session IV: Risk Factors for Injury

Moderator: Angela Tate, PT, PhD

Abstract #10
8:00 am  Muscle Synergy Adaptations in the Overhead Athlete
M Wambold; C Taylor; C Tucker; S Thomas
Presented by: Stephen Thomas, PhD, ATC

Abstract #11
8:15 am  Risk factors for throwing arm injury in adolescent baseball players: a critically appraised topic
S Moore, K Huxel Bliven
Presented by: Stephanie Moore, PhD, ATC

Abstract #12
8:30 am  Restricted Glenohumeral Horizontal Adduction Motion: Impact on Shoulder and Elbow Kinetics in Collegiate Baseball Pitchers
K Laudner, R Wong, K Meister
Presented by: Kevin Laudner, PhD, ATC

Abstract #13
8:45 am  A Descriptive Profile of High School Baseball Players and Their Injuries throughout the Season
T Spigelman, J Waldecker, A Sciascia
Presented by: Tracy Spigelman, PhD, ATC

Abstract #14
9:00 am  Monitoring Workload and Upper Limb Injury in Junior Tennis Players
N Myers, G Mexicano, K Aguilar, D Knudson
Presented by: Natalie Myers, PhD, ATC, PES

Abstract #15
9:15 am  Criteria for Return to Sports Following a Shoulder Injury: What are we really using and doing? What should we be doing?
G Davies
Presented by: George Davies, DPT, MEd, PT, SCS, ATC, LAT, CSCS, PES, CSMS, FAPTA
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<td>9:30 am – 10:30 am</td>
<td><strong>Business Meeting</strong></td>
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<td>10:30 am – 10:45 am</td>
<td><strong>Awards</strong></td>
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<td>10:45 am – 11:20 am</td>
<td><strong>ASSET Future (President-Elect)</strong></td>
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<td>11:30 am – 12:00 pm</td>
<td><strong>Presidential Address</strong></td>
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<td>Frank Cordasco, MD</td>
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<td>12:00 pm – 1:20 pm</td>
<td><strong>Lunch with Sponsor Addresses</strong></td>
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<td>1:30 pm – 1:45 pm</td>
<td><strong>Ernest Amory Codman Lecture</strong></td>
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<td><strong>Shoulder Arthritis: Dr. Codman’s Views and Applying End Results</strong></td>
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<td>Robert Cofield, MD</td>
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<td>2:00 pm – 3:00 pm</td>
<td><strong>Founders and Fellows Roundtable</strong></td>
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<td><strong>Founders’ Reception (Gramercy)</strong></td>
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THIRD SCIENTIFIC SESSION
Saturday, October 19, 2019

7:00 am – 8:00 am  Breakfast (Gramercy)

8:00 am – 9:00 am  ASES Surgeon Lecture:

**Moderator: June Kennedy, PT, MS**

Surgeon’s perspective of the role of the rehabilitation specialist in shoulder care

Grant Garrigues, MD  Midwest Orthopaedics at Rush Chicago, IL

9:00 am – 10:25 am  Abstract Session V: Rehabilitation Considerations

**Moderator: Stephen Thomas, PhD, ATC**

9:00 am  The Effectiveness of Joint Mobilization for Shoulder Pain
          A Sciascia
          Presented by: Aaron Sciascia, PhD, ATC, PES

9:50 am – 10:00 am  BREAK

Abstract #16

10:00 am  Factors that predict a patient’s perceived improvement in an Outpatient Physical Therapy clinic
          B Coote
          Presented by: Brian Coote, PT, MBA, SCS, CSCS

Abstract #17

10:15 am  Accelerated Rehabilitation and Return to Throwing Following Posterior Superior Labral Repair in Collegiate Baseball Player: A Case Report
          H McDevitt, T Munnell, J Kraayeveld
          Presented by: Helen McDevitt, MSPT, OCS

Abstract #18

10:30 am  Weighted Ball Programs for Baseball Pitchers: What are Your Recommendations as Rehabilitation Clinicians?
          T Manners
          Presented by: Travis Manners, PT, SCS, CSCS
### Abstract #19

10:45 am  **Optimal Stimulation for Tissue Repair for the Shoulder**  
K Kocher  
Presented by: Keith Kocher, PT, MOMT, FAAOMPT

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<td><strong>Closing Remarks/Meeting Adjourn</strong></td>
<td>Aaron Sciascia, PhD, ATC, PES Past-President</td>
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