

ASSET



American
Society of
Shoulder and
Elbow
Therapists

SUMMER NEWSLETTER 2009

PRESIDENT'S MESSAGE



How time flies!! Within this newsletter are updates on ASSET's most recent accomplishments and work in progress. As you will see, we have been hard at work. I would like to recognize the individuals who have made it happen, in particular, the leadership team. It is a privilege to work with such a dedicated and ambitious group of individuals who give volumes to the organization behind the scenes. This work could not be possible without Jean Evans, ASSET's executive secretary, who across years of leadership teams provides invaluable support and consistency. Thank you for making this year so rewarding.

AMEE SEITZ
PRESIDENT

One down and another to go!! The first item that I would like to share is ASSET's involvement in the American Academy of Orthopedic Surgeons' evidence based treatment guidelines. As you know, we were asked to review a confidential draft of an AAOS treatment guideline earlier this year. While we are not at liberty to share specific details, I would like to recognize ASSET members John Basti, Robert Manske, and Reg Wilcox for their willingness to serve as the ASSET review team. Their feedback regarding the process was positive; the fact ASSET was asked to review a second confidential draft on glenohumeral joint osteoarthritis speaks to the quality and value of our organization. Congratulations on a job well done! AAOS has invested significant time and resources into the creation of these documents and I am sure, as we learn more about their intentions, there are big plans for their use.

Another exciting development, ASSET just recently finalized an agreement with Joint Active Systems (JAS) to be an ASSET corporate sponsor. The vision of Mike Shaffer and the work of Bryce Gaunt, Joe Kostuch, Scott and Beverly Hamersly, and many others have finally come to fruition. Big thanks to Reg Wilcox for the personal contact in Boston to get the ball rolling with JAS. We look forward to hearing more about the latest JAS products related to shoulder/elbow rehabilitation at our annual meeting. You can also locate a link to their webpage on our homepage. Corporate partnerships assist ASSET in deferring member costs for attending the annual meeting and allow our members an opportunity to learn and interact with companies involved with a range of products. If you work with a company that may be interested in ASSET sponsorship opportunities or advertising on our webpage, feel free to contact me directly. Welcome JAS!



Speaking of the webpage, if you have not visited the ASSET site recently, please do (www.asset-usa.org/). Joe Kostuch, communications chair and webmaster, has works hard to continually improve the look and utility of the site. Online registration, a separate members' only section which will allow members to share information with other members in a secure location, and a section for corporate sponsors are a few of these features. We will be posting the annual conference handouts this year on the secure site for members to download prior to the conference. With the growing features of the webpage and options for further development, I'm sure Joe wouldn't mind some help. If you are interested, particularly if you have webpage management skills, please contact Joe (jkostuch@hprc.net). It is a great way to learn and get involved in the organization.

(Continued on page 2)

WWW.ASSET-USA.ORG

INSIDE THIS ISSUE		EXECUTIVE BOARD 2009	COMMITTEE'S 2009
PAST-PRESIDENT/ REPORT	3	Amee Seitz President	Communication—Joe Kostuch—Chair Elmer Platz
RESEARCH COMMITTEE	4	Bryce Gaunt Past-President	Education—Chuck Thigpen—Chair Basil Baccash Arlene Frederick John Basti Daphne Hooyboer Brian Coote Kevin Laudner Will Clark
EDUCATION COMMITTEE	4	Timothy Tyler President-Elect	Nominating—John Basti—Chair
COMMUNICATION COMMITTEE	5	Brian Coote Secretary Treasurer	Membership—Timothy Tyler—Chair Jessica Garcia—Member-at-Large Kevin Laudner—Member-at-Large
NOMINATION COMMITTEE	5	Jessica Garcia Member-At-Large	Research –Wendy Burke-Chair Dorcas Beaton Jeff Fleming Joan Boesel Eric Sauers Dave Ebaugh Timothy Tyler
MEMBERSHIP COMMITTEE	6	Kevin Laudner Member-At-Large	
TREASURER REPORT	8		

(Continued from page 1)

Please join me in extending a huge Thank You to Chuck Thigpen, Reg Wilcox, and Brian Leggin all of whom contributed to the success of the sold-out ASSET CEU Course in Boston. With the assistance of local physicians, local ASSET members, the staff at Brigham and Women's Hospital, and ASSET's Brian Coote, Jean Evans, and Joe Kostuch behind the scenes, it was an enormous success. The feedback from the over 175 attendees was outstanding and the funds raised for the organization were record setting. All of us should benefit from the success of the course with a reduction in annual conference registration rates.

Last, but not least, Bryce Gaunt has been diligently planning the ASSET Annual Meeting in NYC. I am excited to see how the programming is taking shape! I am certain Bryce has a great meeting in store for us. You can look forward to hearing more specifics regarding programming, social activities, and more as the details are finalized!

Professionally and financially, ASSET is on solid ground. We have continued to make great strides and, despite tough times, ASSET's outlook is bright! I look forward to seeing you in the fall in NYC for another stimulating and rewarding Annual Meeting!



WWW.ASSET-USA.ORG

PAST-PRESIDENT'S REPORT

The ASSET 2009 Annual Meeting will be held at The Marriott New York Marquis on Broadway <http://www.marriott.com/hotels/travel/nycmq-new-york-marriott-marquis/> in conjunction with the ASES Closed Meeting being held at the same facility. The dates of both meetings will be **Sunday October 25th – Tuesday October 27th**: a different part of the week than normal. To keep registration costs comparable to previous years and to allow us to meet in the same location as the surgeons, our meeting times will be different than the past few years. We will meet most all day Sunday and Monday for ASSET and ASES programming. Tuesday will be a blend of ASES programming and ASSET social activities (enjoying the beautiful city of New York). Our goal is to have registration open and a more detailed agenda by August 15th.



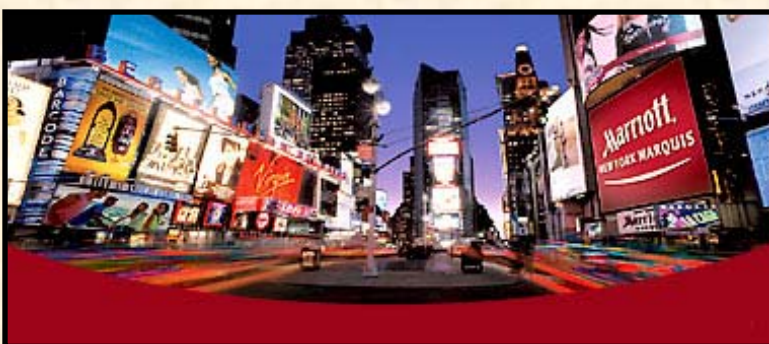
BRYCE GAUNT
PAST-PRESIDENT

John Basti has been gracious to take the lead in planning the social activities, so you know we will have fun! We plan on having group outings available both Sunday and Monday nights including a Broadway Show. We also want try something new and have a “spouse’s program” during part of our meeting times Sunday and Monday.

Due to the success of the CEU course, a subsidy of \$200 per member will be able to be provided again this year. With this subsidy, registration costs are estimated to be about \$250 per person. A block of rooms with a mix of bed types has been reserved for the group rate of \$429 / night. While expensive, this is actually in line or less expensive than other hotels in area we evaluated.

In addition to our meeting and the ASES closed meeting, on Saturday October 24th, ASES is presenting an “International Symposium on Shoulder and Elbow Arthroscopy” at the same facility. More information on this meeting is included in a separate e-mail sent out via the list serve. It is geared toward surgeons but any allied health professional is welcome to attend. The registration for this meeting is handled by ASES. The fee for allied health is \$250.

So make your plans to attend. We will have great mix of academic and social activities while staying a stones throw from Times Square – hope to see you there!

**NEW YORK MARRIOTT MARQUIS**

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**Keep Informed—Visit the ASSET website for the most up to date
information regarding meeting details (WWW.ASSET-USA.ORG)**

WWW.ASSET-USA.ORG

RESEARCH COMMITTEE REPORT

I would like to thank those of you who have already submitted an abstract for the upcoming meeting in October. Many others have made a commitment to speak and I am looking forward to receiving their abstracts as well. We have abstracts and preliminary topics in the education, case study and research areas.

We are fortunate and may have an opportunity to publish our abstracts in the physician's ASES book. By the end of July or early August those who submitted an abstract should have an email regarding the status and tentative day and time of the presentation.

Please feel free to contact me or any member of the research committee with any questions you may have regarding your abstract. Have a great summer.



WENDY BURKE
RESEARCH CHAIR

EDUCATION COMMITTEE REPORT

2009 Evidence-Based Rehabilitation Following Rotator Cuff Repair Course Boston, MA

I am excited to report that our spring course saw a profit of over \$14,000. This success is due to the hard work of Reg Wilcox. When you see him please say THANKS! The success of the course would not have been possible without participation by Drs. J.P. Warner, Larry Higgins, and their fellow Mike DeFranco and longtime ASSET member Brian Leggin. Their expertise allowed us to put on a very well received and financially profitable course. A big thanks also to Reg's staff at Brigham & Women's as well as Jean O'Toole and Arelette Frederick for their help on the day of the course.



Chuck Thigpen, Reg Wilcox, Dr.
Larry Higgins and Brian Leggin



CHUCK THIGPEN
EDUCATION COMMITTEE CHAIR

Instability Guidelines Update

After many months (years even) of work we are happy to report that the "The American Society of Shoulder and Elbow Therapists' Consensus Rehabilitation Guideline for Arthroscopic Anterior Capsulolabral Repair of the Shoulder" was submitted as a clinical commentary to JOSPT and is currently under review. Bryce Gaunt has done a great job in seeing this through. The co-authors for the publication are Mike Shaffer, Eric Sauers, Lori Michener, Chuck Thigpen, and Dr. George McCluskey. We will keep you posted as to its progress.

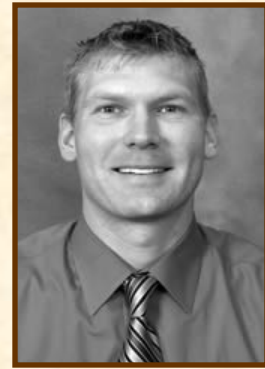
Rotator Cuff Repair Guidelines Update

Finally, thanks for the feedback on the rotator cuff repair guidelines. Brian Leggin, Reg Wilcox, and I will incorporate these comments and present the guideline for discussion at the fall meeting to clarify these points. Our goal is to submit a clinical commentary detailing the guidelines for publication in the Spring of 2010. We are pleased that Dr. Jerry Williams, president of ASES has agreed to join us as a co-author on this guideline paper.

COMMUNICATION COMMITTEE REPORT

Since our last newsletter, we've successfully registered participants online for the Rotator Cuff Course this May in Boston and payment for Annual Conferences. The conference was a huge success and much thanks needs to go out to Reg Wilcox and fellow committee members who organized a terrific meeting!

As many have noticed, we've added a Member Login section online. We currently have our Member Materials portion password protected and plan to further utilize this secure area to post Annual Conference Handouts along with the possibility of A/V files of meetings or conferences. If anyone has not received the username and password, please notify myself or Jean Evans and we'll gladly pass it along. Please look for an updated log-in following Annual Conference in October.



JOSEPH KOSTUCH
COMMUNICATION CHAIR

ASSET has also secured a new corporate sponsor, Joint Active Systems (JAS) which we have included in our online template with a link to gather information on their products. Also, we have links to our Guidelines Presentation at APTA Combined Sections which occurred in February and also which will be presented at the NATA Conference in June.

Please look for online registration to be available for Annual Meeting in NYC sometime in July. Currently we have a link to the conference hotel, but will have an updated page together with more information as the dates near.

Remember that the Membership Brochure is available for download at http://www.asset-usa.org/Member_Materials.html. We would encourage the use of this brochure to offer prospective members a snapshot of what being a member in our organization is all about.

NOMINATING COMMITTEE

I will be eagerly seeking nominations for the following 2009-2010 executive board positions: President-Elect, Treasurer, and Member-at-Large. Members who have been active for at least a year are eligible to run for office. Look for an email that contains the nomination ballot in the coming weeks. Also, if you are interested in running for any of the executive board positions, please contact John Basti at jjb2102@columbia.edu. Remember the best way to gain the most from your ASSET membership is to become actively involved!



JOHN BASTI
NOMINATING COMMITTEE CHAIR

PRESIDENT-ELECT/MEMBERSHIP REPORT

I want to thank the ASSET membership for helping me get elected as President of the Sports Physical Therapy Section. I am honored to be the President of both societies simultaneously. I could not have done it without the support of my friends in ASSET. THANKS! My goal as both will be to bring more dialogue and exposure to both societies. My task as president elect of ASSET is to still report on the membership. With assistance from our 2 members at large Jessica Garcia and Kevin Laudner the ASSET membership continues to add to its membership in 2009. Current ASSET membership totals are as follows: 38 active, 21 general, 7 foreign. We have had a plethora of exceptionally talented new members in 2008. Since the last newsletter we have 4 new general members. These include Daniele



TIM TYLER
PRESIDENT ELECT/MEMBERSHIP CHAIR

Morfino from Italy, Lee Rosenzweig from the great state of NY, Alan Tyson from NC and we are delighted to have Jean O'Toole back as a member. To help us get to know them, each member was asked to submit a brief bio which is included at the end of this report. The membership committee is charged with tracking membership changes each year following annual dues cycle and providing members with a reminder of their annual conference attend/ present membership requirements to help keep all members in good standing. Wendy Burke, Research Chair, has announced the call for abstracts and deadline. All those members due to present this year to maintain membership will need to forward their abstracts to Wendy by the abstract deadline. If you are unable to attend and fulfill your membership obligation, please contact me directly for further instructions (shoulderpt@yahoo.com).

WELCOME NEW MEMBERS!!

Alan Tyson is the President of Architech Sports Performance. He is a physical therapist board certified as a sports clinical specialist, a certified athletic trainer and certified strength and conditioning specialist. He has worked with the Charlotte Knights (AAA affiliate of the Chicago White Sox) and continues to serve as a consultant to the team. Alan is also a consultant with the Carolina Panthers and Charlotte Eagles. Alan has spoken regionally and nationally on training topics about the foot and ankle, spine care, hip and knee rehabilitation, and developed two courses on the shoulder. He has written 3 books and developed specific training programs for the female athlete, baseball pitcher, and football players getting ready for the NFL combines. Alan is also an associate editor of the National Strength and Conditioning Journal. He currently does a weekly one hour radio show "Health Headlines" on 1110 AM WBT with Stacey Sims and Dr. Russ Greenfield.

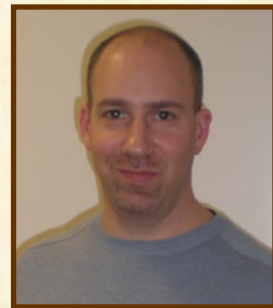


Mark Lombardi is the Director of Rehabilitation for Scranton Orthopaedic Specialists in Dickson City, Pennsylvania. Mark is married (25 years this July) to Susan (Middle School Educator) and blessed with two beautiful children. Son (Michael) is currently a sophomore in college and daughter (Megan) is currently a junior in high school. Enjoy spending time reading current literature in the area of sports rehabilitation, working on continuing education courses with a local Orthopaedic Surgeon, and spending time engaged in activities with my wife and children. Mark enjoys working with high school, collegiate and professional athletes in the rehab environment, teaching part-time in ATC and PT departments at Marywood University Misericordia University as time allows. I also maintain an active home health caseload.



WELCOME NEW MEMBERS CONT'D.!!

Lee Rosenzweig is an advanced clinician in the Sports Rehabilitation and Performance Center at the Hospital for Special Surgery in NYC. Lee has been practicing at the Hospital for Special Surgery since 1994. He received his Bachelor of Arts from Hofstra University. He earned his Master of Science in Physical Therapy at Columbia University in 1994. Lee has been a certified hand therapist since 1999. Lee earned his Clinical Doctorate in Physical Therapy from Columbia University in 2005. Lee is an adjunct professor in the Columbia University Physical Therapy Program and coordinates an elective titled "Rehabilitation of the Athlete". Lee has co-authored a chapter on physical therapy management following shoulder subacromial decompression which is published in the text book "Postsurgical Rehabilitation Guidelines for the Orthopedic Clinician". Lee has lectured at numerous professional education courses as well as presented a poster at the annual meeting of the American Society of Hand Therapists. Lee actively participates in many sports, with particular interest in tennis, swimming, and running.




Aaron Sciascia has been the program coordinator for the Lexington Clinic Sports Medicine Center since 2003 and was recently named coordinator of the Shoulder Center of Kentucky. He has spent the last 6 years working directly with W. Ben Kibler, MD in the clinical setting as a researcher and clinician. He holds credentials as a certified athletic trainer, certified nutrition, and a performance enhancement specialist. Aaron is also an adjunct professor and approved clinical instructor for Eastern Kentucky University's accredited athletic training education program. Aaron, who is originally from Pennsylvania, resides in Richmond, Kentucky with his wife Traci and 4-year old daughter Payton. He enjoys spending time with his family and when time permits, he likes to spend a few hours on the golf course.



REMINDER
ASSET NEW CONTACT INFORMATION

ASSET American Society of Shoulder and Elbow Therapists
545 8th Avenue, Suite 401. New York, NY. 10018-4341
Phone: (212) 613-6232



TREASURER REPORT

Do you remember when your parents threatened to move while you were away at college? Well effective April 10th we moved. Our new address is:

ASSET American Society of Shoulder and Elbow Therapists
545 8th Avenue, Suite 401. New York, NY. 10018-4341
Phone: (212) 613-6232

This was done for several reasons, the first is that as the ASSET board transitions from board to board there was a need to have a stable process or signal location to coordinate activities and personnel. By using a service called We Answer we are selectively able to decrease the amount of junk mail, soliciting and more importantly directing mail to the appropriate person quickly. In addition, we were able to setup a voice mail account that Jean, our executive secretary, could retrieve.



BRIAN COOTE
TREASURER

ASSET recently hosted a Boston Rotator Cuff Course that was well attended and very profitable to the organization. I would like to personally thank all involved as I know the commitment and time involved in producing this event. Events like this help sustain our organization, subsidize our annual meeting and provide the visibility of our organization's expertise. I believe we have the template for an excellent course and would encourage you to consider hosting an event in your area.



**American
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.....leading source of knowledge regarding exemplary clinical care and outcomes oriented research in shoulder and elbow rehabilitation